

Platz	Gesamt	Name	Vorname	StartNr.	Gesamtzeit	Verein	Gruppe	Gesch.	TWTM	AK-Platz	S-Zeit	R-Zeit	L-Zeit	S-Platz	R-Platz	L-Platz	Vermerk
Frauen	Wertung:	(A)															
1	4	Zimara	Alicia	412	00:51:27.40	Frankfurt/Main	A11	W	TW14	1	00:05:24	??:??:??	??:??:??	4	----	----	
2	6	Wickner	Sandra	411	00:54:29.10	TSG Limbach Triajugend	A11	W	TW12	1	00:06:50	??:??:??	??:??:??	7	----	----	
3	7	Fichter	Nele	404	00:54:35.10	TV Lorsbach Teens Triathl	A11	W	TW12	2	00:06:38	??:??:??	??:??:??	5	----	----	
4	8	Ertel	Stella Bianca	403	01:00:27.30	TSG Kleinostheim	A11	W	TW14	2	00:06:45	??:??:??	??:??:??	6	----	----	
Frauen	Wertung:	(B)															
1	4	Reitz	Jana	452	00:51:16.50	Wiesbaden	B12	W	TW20	1	00:04:56	??:??:??	??:??:??	1	----	----	
2	5	Florian-Weschta	Elisabeth	444	00:53:54.10	TG Rüdesheim	B12	W	TW50	1	00:06:38	??:??:??	??:??:??	5	----	----	
3	6	Pintscher	Gesine	450	00:53:54.20	Wiesbaden	B12	W	TW30	1	00:06:43	??:??:??	??:??:??	6	----	----	
4	8	Euler	Claudia	443	00:55:01.60	Frankfurt/Main	B12	W	TW40	1	00:09:07	??:??:??	??:??:??	13	----	----	
5	11	Schramm	Nicole	454	01:01:29.40	Wiesbaden	B12	W	TW20	2	00:07:20	??:??:??	??:??:??	8	----	----	
6	14	Colasso	Delícia	441	01:08:42.30	Wiesbaden	B12	W	TW40	2	00:09:31	??:??:??	??:??:??	14	----	----	
7	15	Galiano Schmidt	Rosa	445	01:23:43.30	Wiesbaden	B12	W	TW40	3	00:14:41	??:??:??	??:??:??	15	----	----	
Frauen	Wertung:	(L)															
1	41	Metzler	Birgit	22	01:25:30.10	LC Olympia BuLi-Team	L1	W	TW20	1	00:08:01	00:53:47	00:23:40	16	75	30	
2	61	Kleinlogel	Sonja	332	01:28:23.40	Steinbach/Ts	L10	W	TW30	1	00:10:03	00:52:34	00:25:44	117	59	65	
3	71	Schilling-Lago	Katrin	342	01:29:37.10	SG Orlen/Tri Team City Bi	L10	W	TW30	2	00:10:35	00:52:59	00:26:02	150	63	73	
4	75	Heuser	Monica	295	01:30:14.30	LC Bingen	L9	W	TW40	1	00:09:36	??:??:??	??:??:??	94	----	----	
5	79	Rittgen	Anke	204	01:30:27.10	LC Olympia BuLi-Team	L6	W	TW30	3	00:07:38	00:57:23	00:25:25	7	128	57	
6	81	Hüwe	Ulrike	51	01:30:35.00	TG Rüdesheim	L2	W	TW40	2	00:09:07	00:54:00	00:27:26	64	79	118	
7	83	Baldes	Martina	320	01:30:41.10	TG Rüdesheim	L10	W	TW30	4	??:??:??	??:??:??	00:28:52	----	----	152	
8	84	Gabler	Heike	186	01:30:51.50	TV Braunfels	L6	W	TW40	3	00:08:55	00:54:56	00:27:00	48	93	108	
9	86	Richter	Corinna	203	01:30:57.00	TSG Limbach/BIKE-LOFT.de	L6	W	TW20	2	00:10:26	00:54:08	00:26:22	143	81	88	
10	91	Dietrich	Swantje	7	01:31:37.20	LC Olympia BuLi-Team	L1	W	TW20	3	00:08:15	??:??:??	??:??:??	20	----	----	
11	92	Hehl	Veronika	119	01:31:40.40	SG Orlen/Tri Team City Bi	L4	W	TW30	5	00:09:43	00:56:29	00:25:27	99	116	61	
12	98	Weber	Sarah	175	01:32:21.60	LC Olympia Wiesbaden	L5	W	TW30	6	00:09:28	00:55:04	00:27:49	87	94	126	
13	109	Decker	Julia	323	01:33:24.30	SG Orlen/Tri Team City Bi	L10	W	TW30	7	00:09:35	00:54:49	00:29:00	92	90	155	
14	145	Bremer	Barbara	109	01:37:31.50	TSG Limbach/BIKE-LOFT.de	L4	W	TW40	4	00:11:09	00:59:05	00:27:16	193	155	115	
15	149	Woltering	Anne	352	01:37:59.50	Wiesbaden	L10	W	TW20	4	00:08:41	00:58:58	00:30:20	37	152	185	
16	159	Ortigao	Julia	59	01:39:01.00	Freundeskreis	L2	W	TW20	5	00:09:52	00:58:59	00:30:08	108	153	181	
17	163	Davis	Karin	255	01:39:25.10	Wiesbaden	L8	W	TW30	8	00:08:29	01:03:13	00:27:41	30	210	122	
18	171	Leimpek	Elke	195	01:40:18.10	TSG Limbach/Bike-LOFT.de	L6	W	TW40	5	00:11:38	00:59:16	00:29:23	230	157	162	
19	174	Enders	Andrea	112	01:40:37.30	TSG Limbach/BIKE-LOFT.de	L4	W	TW40	6	00:10:13	01:00:31	00:29:52	131	172	172	
20	176	Wesolowski	Martina	176	01:40:50.40	TS Kiedrich	L5	W	TW40	7	00:10:54	01:00:53	00:29:02	178	179	156	
21	177	Schlosser	Tina	207	01:41:12.60	EXTASE-TEAM	L6	W	TW30	9	00:11:10	00:58:48	00:31:14	194	148	205	
22	179	Ott	Catrin	88	01:41:29.60	AW Sportleben	L3	W	TW40	8	00:12:09	01:01:26	00:27:54	254	190	128	
23	180	Schewe	Valerie	206	01:41:36.20	Hochheim am Main	L6	W	TW30	10	00:12:11	01:00:32	00:28:52	256	173	153	
24	185	Heese	Carmen	189	01:41:53.30	TSG Limbach/BIKE-LOFT.de	L6	W	TW40	9	00:11:29	01:04:54	00:25:30	216	226	62	
25	191	Dietrich	Andrea	76	01:42:30.10	SC Oberlahn	L3	W	TW40	10	00:10:22	01:01:16	00:30:50	140	188	195	
26	195	Burschäpers	Christiane	253	01:42:59.30	TSG Eppstein	L8	W	TW50	1	00:13:46	01:02:27	00:26:46	290	206	99	
27	199	Richthof	Julia	132	01:43:20.40	Wiesbaden	L4	W	TW30	11	00:12:24	00:58:23	00:32:32	269	142	228	
28	203	Bolle	Charlotte	4	01:44:02.20	LC Olympia Wiesbaden	L1	W	TW16	1	00:08:52	01:02:36	00:32:33	42	208	229	
29	208	Wolf	Judith	71	01:44:31.00	Freundeskreis	L2	W	TW40	11	00:09:19	01:04:19	00:30:52	75	222	196	
30	214	Riesenbürger	Brigitte	133	01:45:04.30	EOSC Offenbach	L4	W	TW40	12	00:11:13	01:05:54	00:27:55	199	234	129	
31	218	Schäfer	Sabine	28	01:45:45.20	TG Rüdesheim	L1	W	TW50	2	00:14:45	01:01:13	00:29:46	295	186	170	
32	231	Rausch	Tanja	309	01:48:13.50	Turnerbund Wiesbaden	L9	W	TW40	13	00:11:13	01:05:48	00:31:12	201	232	203	

33	234	Wittig	Anja	106	01:48:27.30	AW Sportleben	L3	W	TW30	12	00:08:58	01:09:16	00:30:12	52	259	183
34	235	Löbbecke	Andrea	197	01:48:39.40	Wiesbaden	L6	W	TW30	13	00:11:03	01:07:25	00:30:10	188	245	182
35	236	Schröder	Inka	343	01:48:39.40	TCEC Mainz	L10	W	TW30	14	00:10:15	01:05:53	00:32:30	134	233	227
36	237	Fecske	Ursula	78	01:48:47.50	Wiesbaden	L3	W	TW30	15	00:10:20	01:08:24	00:30:03	139	253	177
37	241	Geccelli	Karin	187	01:49:30.10	Wiesbaden-Bierstadt	L6	W	TW40	14	00:10:43	01:05:36	00:33:10	161	231	237
38	257	Wendl	Ulrike	34	01:53:09.50	Rieslingwoman	L1	W	TW30	16	00:11:22	01:05:25	00:36:21	207	229	273
39	260	Bültermann	Mareike	216	01:53:34.20	Wiesbaden	L7	W	TW20	6	00:11:54	01:03:38	00:38:01	240	216	286
40	261	Murtha	Maria-Pascaline	306	01:53:37.30	Hochheim am Main	L9	W	TW30	17	00:09:59	01:08:47	00:34:50	112	255	257
41	263	Strohwalde	Sabrina	172	01:54:35.40	Bad Schwalbach	L5	W	TW20	7	00:12:22	01:11:09	00:31:03	265	267	198
42	264	Kahlina	Jenny	262	01:54:41.10	Wiesbaden	L8	W	TW30	18	00:11:55	01:06:21	00:36:23	244	239	274
43	266	Dressler	Tiny	183	01:54:49.10	Mainz	L6	W	TW20	8	00:11:26	01:11:22	00:32:00	212	269	217
44	267	Knappe	Carolyn	194	01:55:26.10	Frankfurt/Main	L6	W	TW30	19	00:10:34	01:11:39	00:33:12	149	271	238
45	268	Wesolowski	Kirsten	246	01:55:45.40	Wiesbaden	L7	W	TW40	15	00:11:51	01:11:45	00:32:09	238	272	221
46	270	Lansche	Kerstin	161	01:56:35.50	Team Erdinger Alkoholfrei	L5	W	TW40	16	00:11:34	01:11:14	00:33:47	226	268	244
47	276	Bandow	Inken	354	01:58:05.40	SG Orlen/Tri Team City Bi	L7	W	TW20	9	00:11:43	01:08:45	00:37:37	235	254	282
48	281	Büttner	Christina	73	01:59:27.00	AW Sportleben	L3	W	TW30	20	00:10:15	01:12:37	00:36:33	135	275	275
49	282	Leick	Nicole	226	01:59:29.20	Mainz	L7	W	TW30	21	00:11:55	01:10:22	00:37:11	242	264	279
50	285	Engel	Eva	77	02:00:44.30	TG Rüdeshheim	L3	W	TW30	22	00:10:36	01:15:55	00:34:12	152	283	250
51	288	Minarikova	Eva	336	02:03:41.40	LC Olympia Wiesbaden	L10	W	TW30	23	00:13:44	01:14:24	00:35:33	288	281	265
52	291	Famulla	Felicitas	10	02:06:14.40	LC Olympia Wiesbaden	L1	W	TW16	2	00:09:15	01:18:47	00:38:11	69	286	287
53	294	Horstmann	Claudia	192	02:09:11.20	Frankfurt/Main	L6	W	TW30	24	00:11:21	01:21:04	00:36:44	204	289	277
54	296	Paulus	Tina	201	02:09:43.20	EXTASE-TEAM	L6	W	TW30	25	00:13:55	01:16:53	00:38:54	291	285	291
55	297	Prinz	Regina	168	02:10:57.00	TV Oestrich	L5	W	TW50	3	00:13:32	01:21:42	00:35:42	287	290	267
56	299	Maurer	Barbara	125	02:17:59.00	Engenhahn	L4	W	TW40	17	00:11:37	01:22:34	00:43:46	229	291	298
	disq	Warzelhan	Lisa Lotta	348	??:??:??	TCEC Mainz	L10	W	TW18	disq	00:07:24	00:59:24	00:38:32	disq	disq	disq

Platz	Gesamt	Name	Vorname	StartNr.	Gesamtzeit	Verein	Gruppe	Gesch.	TWTM	AK-Platz	S-Zeit	R-Zeit	L-Zeit	S-Platz	R-Platz	L-Platz	Vermerk	
Männer Wertung: (A)																		
1	1	Arndt	Finn Christian	401	00:39:44.40	LC Olympia Wiesbaden	A11	M	TM14		1	00:04:17	??:??:??	??:??:??	1	----	----	
2	2	Hennes	Simon	406	00:41:11.40	TV Lorsbach Teens Triathl	A11	M	TM14		2	00:04:21	??:??:??	??:??:??	2	----	----	
3	3	Steenfadt	Hendrik	409	00:46:32.50	LC Olympia Wiesbaden	A11	M	TM14		3	00:04:44	??:??:??	??:??:??	3	----	----	
4	5	Rückert	Leon	408	00:52:58.00	Hohenstein	A11	M	TM12		1	00:07:52	??:??:??	??:??:??	8	----	----	
5	9	Erkenswick	Jan-Peter	402	01:06:12.10	Humboldt-Schule	A11	M	TM12		2	00:19:15	??:??:??	??:??:??	9	----	----	
	disq	Maniera	Oliver	407	??:??:??:??	TSG Limbach/BIKE-LOFT.de	A11	M	TM14	disq		00:05:48	??:??:??	??:??:??	disq	disq	disq	
Männer Wertung: (B)																		
1	1	Werning	Kevin	457	00:46:01.40	TSG Limbach/BIKE-LOFT.de	B12	M	TM16		1	00:05:35	??:??:??	??:??:??	3	----	----	
2	2	Werner	Benjamin	456	00:49:02.50	Darmstadt	B12	M	TM30		1	00:06:54	??:??:??	??:??:??	7	----	----	
3	3	Sürth	Marvin	455	00:50:37.50	TSG Limbach/BIKE-LOFT.de	B12	M	TM16		2	00:05:31	??:??:??	??:??:??	2	----	----	
4	7	Müller	Gerhard	448	00:54:20.00	Darmstadt	B12	M	TM50		1	00:08:28	??:??:??	??:??:??	12	----	----	
5	9	Schilling	Thomas	453	00:56:02.00	Ffm-Zeilsheim	B12	M	TM30		2	00:08:26	??:??:??	??:??:??	11	----	----	
6	10	Giri	Sudeep	446	01:01:16.00	Frankfurt am Main	B12	M	TM20		1	00:08:13	??:??:??	??:??:??	10	----	----	
7	12	Held	Martin	447	01:01:51.40	Tria Equipe Elz	B12	M	TM40		1	00:07:54	00:30:56	00:23:01	9	1	2	
8	13	Rahner	Nils	451	01:03:31.40	Tria Equipe Elz	B12	M	TM30		3	00:05:54	00:34:53	00:22:43	4	2	1	
Männer Wertung: (L)																		
1	1	Widmann	Uwe	212	01:09:16.20	Wiesbaden	L6	M	TM40		1	00:06:52	00:43:43	00:18:40	1	6	1	
2	2	Vetter	Björn	346	01:10:55.10	TV Braunfels	L10	M	TM40		2	00:08:10	00:41:51	00:20:53	19	2	4	
3	3	Mund	Philipp	163	01:11:25.00	Triathlon Team Rhein Main	L5	M	TM20		1	00:07:39	00:43:06	00:20:38	8	4	3	
4	4	Kilb	Daniel	331	01:12:19.30	TaunaGas SC Oberursel	L10	M	TM20		2	00:07:46	00:42:13	00:22:19	11	3	13	
5	5	Breideband	Michael	40	01:13:07.20	TSG Limbach/BIKE-LOFT.de	L2	M	TM30		1	00:07:55	00:43:28	00:21:43	15	5	6	
6	6	Bach	Manuel	319	01:14:11.30	ALV Mainz	L10	M	TM20		3	00:07:41	00:46:50	00:19:39	10	13	2	
7	7	Kottwitz	Meik	333	01:15:31.20	TaunaGas SC Oberursel	L10	M	TM40		3	??:??:??	??:??:??	00:22:17	----	----	11	
8	8	Bennerscheid	Lars	252	01:16:02.00	Bad Homburger SC	L8	M	TM30		2	00:07:40	00:44:35	00:23:46	9	7	33	
9	9	Santl	Thorsten	63	01:16:09.40	TG Tria Rüsselsheim	L2	M	TM40		4	00:07:53	00:47:00	00:21:16	13	14	5	
10	10	Bücher	Björn	42	01:16:15.10	SG Orlen/Tri Team City Bi	L2	M	TM20		4	00:08:44	00:44:58	00:22:32	40	8	15	
11	11	Müller	Stefan	58	01:16:41.50	TSG Limbach/BIKE-LOFT.de	L2	M	TM30		3	00:09:21	00:45:27	00:21:52	80	9	7	
12	12	Möller	Thorsten	337	01:17:56.20	TaunaGas SC Oberursel	L10	M	TM40		5	00:08:38	00:46:34	00:22:42	36	12	16	
13	13	Wendl	Markus	349	01:18:37.40	SG Orlen/Tri Team City Bi	L10	M	TM40		6	00:08:32	00:46:31	00:23:33	34	11	26	
14	14	Rat	Alexander	233	01:18:42.50	Rheingauer Schwimmclub	L7	M	TM30		4	00:06:56	00:49:37	00:22:08	2	28	9	
15	15	Felix	Fabian	324	01:18:54.10	Triathlon Team Rhein Main	L10	M	TM20		5	00:10:06	00:46:18	00:22:29	122	10	14	
16	16	Sternfeld	Christian	137	01:19:33.40	LC Oberhaardt Edenkoben	L4	M	TM20		6	00:08:30	00:47:57	00:23:05	31	20	21	
17	17	Klett	Martin	297	01:19:36.30	München	L9	M	TM40		7	00:08:57	00:37:59	00:32:39	50	1	231	
18	18	Kavermann	Peter	158	01:20:02.10	SV Gelnhausen	L5	M	TM40		8	00:07:54	00:49:48	00:22:19	14	31	12	
19	19	Fleischhauer	Martin	219	01:20:14.10	DSW Darmstadt	L7	M	TM30		5	00:07:49	00:48:35	00:23:49	12	22	34	
20	20	Grünert	Marcus	152	01:20:30.40	TCEC Mainz	L5	M	TM30		6	00:08:21	00:48:24	00:23:44	23	21	32	
21	21	Hahn	Rolf	188	01:20:32.20	Gau-Algesheim	L6	M	TM20		7	00:09:01	00:47:08	00:24:22	57	15	40	
22	22	Schmidt	Christian	65	01:20:40.40	Freundeskreis	L2	M	TM30		7	00:10:00	00:47:14	00:23:26	113	16	22	
23	23	Mohles	Felix	304	01:21:11.00	TuS Griesheim	L9	M	TM20		8	00:08:05	00:49:09	00:23:56	17	26	35	
24	24	Sieker	Jakob	344	01:21:20.30	TSG Limbach/BIKE-LOFT.de	L10	M	TM20		9	00:08:48	00:48:48	00:23:43	41	24	31	
25	25	Martini	Ralf	56	01:21:26.10	Skills 04 Ffm	L2	M	TM30		8	00:08:42	00:50:32	00:22:10	38	37	10	
26	26	Borst	Armin	39	01:21:39.30	TSG Limbach/BIKE-LOFT.de	L2	M	TM40		9	00:08:34	00:51:05	00:22:00	35	41	8	
27	27	Thomalla	Matthias	32	01:21:54.60	TSG Limbach/BIKE-LOFT.de	L1	M	TM20		10	00:08:59	00:49:52	00:23:03	55	32	20	
28	28	Dorn	Frank	9	01:22:30.30	SG Orlen/Tri Team City Bi	L1	M	TM30		9	00:10:13	00:47:33	00:24:43	129	18	43	
29	29	Flöschner	Jochen	326	01:22:45.40	Wiesbaden	L10	M	TM40		10	00:08:07	00:48:47	00:25:51	18	23	70	

30	30	Stemmler	Sebastian	278	01:22:56.20	Team-Overload	L8	M	TM18	1	00:08:26	00:48:56	00:25:33	27	25	64	
31	31	Blumenstock	Gert	215	01:22:57.00	Darmstadt	L7	M	TM40	11	00:08:55	00:49:10	00:24:50	46	27	45	
32	32	Bach	Stefan	36	01:23:07.20	TSG Limbach/BIKE-LOFT.de	L2	M	TM20	11	??:??:??	??:??:??	00:23:33	----	----	25	
33	33	Lösch	Marko	269	01:23:27.00	Maximalpulsvermeider	L8	M	TM30	10	00:08:58	00:51:39	00:22:49	51	46	17	
34	34	Lasinski	Christoph	122	01:23:53.40	TG Tria Rüsselsheim	L4	M	TM30	11	00:08:31	00:51:51	00:23:31	32	50	24	
35	35	Schultheis	Rainer	208	01:24:03.50	TCEC Mainz	L6	M	TM40	12	00:09:16	00:51:45	00:23:01	70	47	19	
36	36	Pietrusky	Daniel	167	01:24:16.10	Team Erdinger Alkoholfrei	L5	M	TM20	12	00:09:19	00:51:18	00:23:38	74	42	29	
37	37	Deidersen	Jens	256	01:24:38.40	SC Oberursel	L8	M	TM30	12	00:08:22	00:51:01	00:25:14	25	40	51	
38	38	Knaf	Jörg	121	01:25:00.50	Triathlon Wetterau	L4	M	TM40	13	00:07:33	00:54:00	00:23:27	5	78	23	
39	39	Mohles	Rüdiger	305	01:25:01.10	TuS Griesheim	L9	M	TM40	14	00:08:53	00:51:45	00:24:22	44	49	39	
40	40	Carius	Nils	110	01:25:18.40	Team BIKE&FUN	L4	M	TM16	1	00:11:28	00:47:27	00:26:22	215	17	87	
41	42	Heiderich	Josh	48	01:25:42.30	SG Orlen/Tri Team City Bi	L2	M	TM40	15	00:09:44	00:50:36	00:25:21	100	39	54	
42	43	Freimuth	Peter	115	01:25:50.20	Team BIKE&FUN	L4	M	TM30	13	00:11:30	00:47:44	00:26:35	221	19	92	
43	44	Frömberg	Marcus	12	01:26:02.00	Mainz	L1	M	TM20	13	00:12:05	00:49:45	00:24:10	250	30	37	
44	45	Forschner	Jens	150	01:26:12.00	Rheingauer Schwimmclub	L5	M	TM16	2	00:07:17	00:52:14	00:26:40	3	55	96	
45	46	Schumacher	Joachim	312	01:26:20.10	SSV Bingen	L9	M	TM40	16	00:10:47	00:50:33	00:24:58	167	38	48	
46	47	Schönke	Markus	310	01:26:23.10	Team Didgeridoo	L9	M	TM40	17	00:09:50	00:53:39	00:22:53	104	71	18	
47	48	Goldmann	Tobias	329	01:26:33.50	ALV Mainz	L10	M	TM30	14	00:08:43	00:53:03	00:24:47	39	65	44	
48	49	Fleischer	Jörg	185	01:26:43.30	Velofreunde Großwelzheim	L6	M	TM40	18	00:09:07	00:50:23	00:27:12	61	36	112	
49	50	Redante	Detlef	129	01:26:44.20	Ginsheim	L4	M	TM40	19	00:09:07	00:51:32	00:26:04	62	44	76	
50	51	Börner	Alexander	143	01:26:48.40	los avocados	L5	M	TM30	15	00:11:18	00:50:04	00:25:26	203	34	59	
51	52	Prediger	Jürgen	128	01:27:01.50	TSV Engenhahn	L4	M	TM40	20	00:10:14	00:51:20	00:25:26	132	43	60	
52	53	Neuberger	Ralph	270	01:27:07.00	TSG Limbach/BIKE-LOFT.de	L8	M	TM40	21	00:10:39	00:49:42	00:26:45	158	29	98	
53	54	Overdick	Marius	199	01:27:17.20	TV Lorsbach Teens Triathl	L6	M	TM16	3	00:08:22	00:52:43	00:26:11	24	60	80	
54	55	Walczuch	Joachim	140	01:27:30.20	TG Tria Rüsselsheim	L4	M	TM40	22	00:09:24	00:49:52	00:28:13	84	33	138	
55	56	Schäfer	Markus	92	01:27:32.20	Physical Sports	L3	M	TM30	16	00:09:18	00:53:36	00:24:37	73	70	42	
56	57	Omar	Karim	339	01:27:33.20	u r contra	L10	M	TM30	17	00:09:03	00:54:29	00:24:00	58	86	36	
57	58	Zeitler	Michael	213	01:27:49.10	TG Rüdesheim	L6	M	TM30	18	00:09:17	00:51:36	00:26:54	72	45	103	
58	59	Reuter	Wolfgang	131	01:27:55.20	EOSC Offenbach	L4	M	TM60	1	00:09:31	00:52:10	00:26:13	89	54	82	
59	60	Schwarz	Reinhold	275	01:28:18.00	LG BSN	L8	M	TM50	1	00:09:26	00:53:28	00:25:23	85	68	55	
60	62	Simon	Steffen	67	01:28:53.40	TSG Limbach/BIKE-LOFT.de	L2	M	TM20	14	00:08:55	00:54:35	00:25:23	47	88	56	
61	63	Vitt	Oliver	313	01:28:55.20	Kettenhunde	L9	M	TM30	19	00:10:53	00:50:09	00:27:52	175	35	127	
62	64	Hirschhäuser	Tim	190	01:28:55.20	TSG Limbach/BIKE-LOFT.de	L6	M	TM20	15	00:08:56	00:53:06	00:26:52	49	66	102	
63	65	Rasch	Benjamin	26	01:28:58.10	Wiesbadener Tennis- und H	L1	M	TM20	16	00:09:54	00:52:44	00:26:18	109	61	85	
64	66	Kleber	Mario	296	01:29:08.20	TV Wallau	L9	M	TM40	23	00:10:49	00:54:44	00:23:34	168	89	27	
65	67	Kaesdorf	Bernhard	261	01:29:17.60	SG Orlen/Tri Team City Bi	L8	M	TM40	24	00:11:07	00:51:53	00:26:17	192	51	84	
66	68	Dockter-Wagner	Bernd	8	01:29:25.30	Wiesbaden	L1	M	TM40	25	00:08:58	00:54:03	00:26:23	53	80	89	
67	69	van Zwoll	Peter	243	01:29:30.30	Kiel	L7	M	TM30	20	00:08:29	00:54:51	00:26:09	29	91	79	
68	70	Bücher	Christian	355	01:29:36.40	SG Orlen/Tri Team City Bi	L6	M	TM20	17	00:09:19	00:53:49	00:26:27	78	76	91	
69	72	Back	Michael	108	01:29:37.60		501	L4	M	TM40	26	00:09:51	00:55:25	00:24:20	106	102	38
70	73	Miebach	Jürgen	23	01:29:52.10	Taunusstein	L1	M	TM40	27	00:10:26	00:53:40	00:25:45	142	72	67	
71	74	Cieslikiewicz	Jacek	75	01:29:55.20	Taunusstein	L3	M	TM40	28	00:11:17	00:52:30	00:26:07	202	58	78	
72	76	Staschik	Wolfgang	209	01:30:15.40	TSG Eppstein	L6	M	TM40	29	00:09:45	00:55:12	00:25:17	102	97	52	
73	77	Klein	Horst	52	01:30:24.50	TG Rüdesheim	L2	M	TM50	2	00:11:33	00:51:45	00:27:06	225	48	110	
74	78	Wanka	Michael	69	01:30:27.00	Hochheim am Main	L2	M	TM40	30	??:??:??	??:??:??	00:26:50	----	----	101	
75	80	Leissl	Roland	268	01:30:29.10	SG Orlen/Tri Team City Bi	L8	M	TM40	31	00:09:19	00:52:03	00:29:06	77	53	158	
76	82	Faulstich	Thorsten	290	01:30:38.50	TSG Limbach/BIKE-LOFT.de	L9	M	TM40	32	00:10:16	00:53:02	00:27:19	137	64	116	
77	85	Bücher	Rüdiger	43	01:30:52.40	SG Orlen/Tri Team City Bi	L2	M	TM30	21	00:12:46	00:51:55	00:26:11	279	52	81	
78	87	Hörmann	Mario	191	01:30:57.30	TSG Limbach/BIKE-LOFT.de	L6	M	TM30	22	00:10:11	00:53:34	00:27:11	127	69	111	
79	88	Lüttke	Andreas	55	01:31:18.20	Hünstetten-Kesselbach	L2	M	TM30	23	00:11:25	00:54:33	00:25:19	210	87	53	

80	89	Jackelsberger	Stefan	260	01:31:22.30	Maximalpulsvermeider	L8	M	TM40	33	00:10:35	00:53:14	00:27:32	151	67	119
81	90	Andreä	Thorsten	249	01:31:29.10	SV Adolfsack	L8	M	TM40	34	00:09:07	00:55:25	00:26:56	63	101	105
82	93	Sommer	Jürgen	31	01:31:40.50	Team RWR	L1	M	TM40	35	00:10:16	00:52:56	00:28:27	138	62	142
83	94	Wirth	Robert	70	01:31:44.20	SFO	L2	M	TM30	24	00:10:30	00:54:19	00:26:55	145	84	104
84	95	Stamer	Jan	100	01:31:58.30	DLRG Wetzlar	L3	M	TM40	36	00:07:35	00:55:35	00:28:46	6	104	150
85	96	Tettenborn	Sandor	279	01:32:01.20	Maximalpulsvermeider	L8	M	TM40	37	00:09:15	00:52:17	00:30:28	68	56	188
86	97	Moerbel	Hagen	24	01:32:05.40	Beckenrandschwimmer	L1	M	TM40	38	00:10:44	00:56:13	00:25:07	162	111	49
87	99	Hesterberg	Mathias	82	01:32:30.20	Wiesbaden	L3	M	TM40	39	00:10:38	00:53:42	00:28:10	155	73	135
88	100	Hahn	Andreas	294	01:32:41.00	Taunusstein	L9	M	TM30	25	00:11:22	00:53:45	00:27:33	206	74	120
89	101	Funk	Holger	151	01:32:42.10	TV Runkel	L5	M	TM40	40	00:11:55	00:55:14	00:25:32	243	98	63
90	102	Schlitt	Bernd	497	01:32:51.10	LG BSN	L8	M	TM50	3	00:10:04	00:55:21	00:27:25	119	100	117
91	103	Rexhaus	Thomas	234	01:32:56.10	TCEC Mainz	L7	M	TM40	41	00:10:45	00:56:24	00:25:45	163	114	66
92	104	Widmer	Martin	177	01:33:04.10	Vitesse Mayence	L5	M	TM40	42	00:12:32	00:55:38	00:24:52	273	105	46
93	105	Grimm	Thorsten	293	01:33:08.20	TCEC Mainz	L9	M	TM40	43	00:11:27	00:55:04	00:26:36	214	96	94
94	106	Hindricks	Richard	154	01:33:14.40	TG Rüdesheim	L5	M	TM50	4	00:10:28	00:55:04	00:27:41	144	95	121
95	107	Poggendorff	Frank	61	01:33:17.10	Spiridon Frankfurt	L2	M	TM40	44	00:08:31	00:57:47	00:26:58	33	134	106
96	108	Debus	Rainer	147	01:33:22.20	SG Orlen/Tri Team City Bi	L5	M	TM40	45	00:09:03	00:57:06	00:27:12	59	123	113
97	110	Hartard	Matthias	153	01:33:25.00	TCEC Mainz	L5	M	TM50	5	00:12:12	00:55:59	00:25:13	257	109	50
98	111	Lauer	Johannes	123	01:33:27.40	Darmstadt	L4	M	TM40	46	00:11:03	00:54:23	00:28:01	189	85	132
99	112	Schneider	Thomas	240	01:33:52.20	RSV Idstein	L7	M	TM40	47	00:08:28	00:57:36	00:27:48	28	131	125
100	113	Drescher	Denis	218	01:33:58.40	Rheingauer Schwimmclub	L7	M	TM18	2	00:07:20	00:56:17	00:30:20	4	113	186
101	114	Schmidt	Joshua	272	01:33:59.20	Niedernhausen	L8	M	TM16	4	00:11:02	00:56:53	00:26:04	185	119	75
102	115	Burschäpers	Joachim	254	01:34:07.20	TSG Eppstein	L8	M	TM50	6	00:11:58	00:56:16	00:25:52	247	112	71
103	116	von der Thüsen	Max	245	01:34:10.20	Darmstadt	L7	M	TM30	26	00:10:31	00:54:11	00:29:27	147	82	164
104	117	Martin	Manfred	198	01:34:12.40	TCEC Mainz	L6	M	TM40	48	00:10:45	00:52:17	00:31:09	164	57	202
105	118	Wagner	Nik	174	01:34:16.10	Wiesbaden	L5	M	TM30	27	00:10:06	00:58:24	00:25:45	124	143	68
106	119	Köbel	Lars	54	01:34:21.40	Freundeskreis	L2	M	TM30	28	00:09:36	01:01:10	00:23:35	93	185	28
107	120	Cosic	Ivo	145	01:34:29.00	Wiesbaden	L5	M	TM30	29	00:08:59	00:58:53	00:26:36	56	150	93
108	121	Litz	Stefan	229	01:34:31.00	Wiesbaden	L7	M	TM40	49	00:09:44	00:57:43	00:27:03	101	133	109
109	122	Bendel	Thomas	37	01:34:34.00	Wiesbaden	L2	M	TM20	18	00:09:59	00:55:57	00:28:36	111	108	144
110	123	Winau	Gerhard	35	01:34:48.50	TG Rüdesheim	L1	M	TM50	7	00:09:20	00:55:49	00:29:39	79	107	167
111	124	Muders	Torsten	86	01:34:54.00	SV Rauenthal	L3	M	TM40	50	00:10:42	00:57:11	00:27:00	159	124	107
112	125	Frey	Lukas	11	01:35:06.60	Helden e.V.	L1	M	TM20	19	00:12:04	00:56:54	00:26:07	249	120	77
113	126	Reschel	Udo	91	01:35:07.50	Wiesbaden	L3	M	TM40	51	00:08:15	00:56:47	00:30:04	21	118	178
114	127	Ulrich	Heinz	104	01:35:11.00	Glashütten	L3	M	TM40	52	00:10:51	00:58:54	00:25:25	172	151	58
115	128	Schinke	Michael	94	01:35:24.10	Team Erdinger Alkoholfrei	L3	M	TM40	53	00:11:02	00:57:56	00:26:25	184	137	90
116	129	Kauertz	Oliver	263	01:35:30.00	Hamburg	L8	M	TM40	54	00:10:13	00:56:25	00:28:51	130	115	151
117	130	Riesenbürger	Frank	134	01:35:48.50	EOSC Offenbach	L4	M	TM50	8	00:12:35	00:57:24	00:25:48	275	129	69
118	131	Rothenhaeuser	Rupertus	62	01:35:51.20	Bad Homburg	L2	M	TM40	55	00:13:04	00:56:08	00:26:39	284	110	95
119	132	Seith	Rainer	99	01:35:55.00	Wiesbaden	L3	M	TM40	56	00:10:06	00:59:47	00:26:00	123	162	72
120	133	Feser	Pius	184	01:35:55.30	Wiesbaden	L6	M	TM40	57	00:10:10	00:57:21	00:28:23	126	127	139
121	134	Könicke	Frank	15	01:36:11.10	LC Olympia Wiesbaden	L1	M	TM30	30	00:11:54	00:57:31	00:26:46	241	130	100
122	135	Scharnweber	Tim	238	01:36:17.10	Mainz	L7	M	TM30	31	00:11:11	00:56:55	00:28:09	195	121	133
123	136	Mohr	Swen	126	01:36:17.20	TG Rüdesheim	L4	M	TM40	58	00:11:31	00:56:35	00:28:10	223	117	136
124	137	Ahlers	Thomas	214	01:36:27.30	Frankfurt/Main	L7	M	TM30	32	00:09:19	00:59:25	00:27:42	76	158	123
125	138	Diepolder	Matthias	182	01:36:42.10	TV Lorsbach	L6	M	TM40	59	00:10:16	00:56:59	00:29:26	136	122	163
126	139	Foltys	Daniel	291	01:36:50.20	Go!Mainz	L9	M	TM30	33	00:10:04	00:58:47	00:27:58	118	146	131
127	140	Fill	Marcus	149	01:37:03.50	TV Wehen	L5	M	TM40	60	00:10:07	00:53:57	00:32:59	125	77	235
128	141	Kühn	Michael	334	01:37:05.10	Friedrichroda	L10	M	TM20	20	00:12:58	00:57:47	00:26:19	281	135	86
129	142	Krause	Peter	265	01:37:07.10	Maximalpulsvermeider	L8	M	TM40	61	00:10:14	00:55:17	00:31:35	133	99	211

130	143	Nockel	Andreas	25	01:37:28.00	TCEC Mainz	L1	M	TM40	62	00:10:53	00:58:51	00:27:43	177	149	124
131	144	Birkholz	Martin	180	01:37:29.00	VeloFreunde Großsweilzheim	L6	M	TM40	63	00:09:03	01:00:16	00:28:09	60	169	134
132	146	Diethelm	Dieter	46	01:37:34.30	LG BSN	L2	M	TM40	64	00:11:30	00:57:19	00:28:44	219	126	149
133	147	Wesolowski	Michael	247	01:37:36.20	Wiesbaden	L7	M	TM40	65	00:09:27	00:58:07	00:30:01	86	141	175
134	148	Stork	Thomas	102	01:37:45.00	TV Lampertheim Triathlon	L3	M	TM40	66	00:10:12	00:58:47	00:28:44	128	147	148
135	150	Viertler	Ingo	347	01:38:03.40	TG Rüdeshheim	L10	M	TM40	67	00:11:41	00:57:58	00:28:24	234	138	140
136	151	Kraus	Christian	299	01:38:04.20	Liederbach am Taunus	L9	M	TM20	21	00:11:02	00:58:07	00:28:54	187	140	154
137	152	Knies	Michael	264	01:38:05.40	Hofheim	L8	M	TM30	34	00:09:32	01:01:17	00:27:15	90	189	114
138	153	Paulsen	Christian	200	01:38:17.60	Bonn	L6	M	TM30	35	00:09:12	00:59:44	00:29:20	66	161	161
139	154	Mechler	Harald	302	01:38:19.30	Go!Mainz	L9	M	TM40	68	00:10:39	00:55:38	00:32:01	156	106	219
140	155	Müller	Heiko	162	01:38:25.40	Team Type 1 Diabetes	L5	M	TM30	36	00:13:01	00:54:16	00:31:07	283	83	199
141	156	Schweiger	Harald	98	01:38:27.10	Team Erdinger Alkoholfrei	L3	M	TM40	69	00:09:55	01:03:35	00:24:56	110	215	47
142	157	Litzinger	Mathias	196	01:38:57.40	TSG Limbach/BIKE-LOFT.de	L6	M	TM40	70	00:11:06	01:01:09	00:26:42	191	183	97
143	158	Wilczek	Edgar	350	01:38:59.30	Liederbach am Taunus	L10	M	TM40	71	??:??:??	??:??:??	00:29:34	----	----	165
144	160	Reime	Sascha	202	01:39:05.20	Maintal-Hochstadt	L6	M	TM20	22	00:09:23	00:59:27	00:30:14	82	160	184
145	161	Ruppert	Thomas	236	01:39:07.00	Wiesbaden	L7	M	TM40	72	00:11:36	01:01:28	00:26:02	227	191	74
146	162	Berghaus	Jens	38	01:39:18.00	TuS Medenbach	L2	M	TM20	23	00:11:13	01:01:46	00:26:17	200	193	83
147	164	Albutat	Michael	107	01:39:28.50	Weizenliga	L4	M	TM40	73	00:09:30	01:00:15	00:29:42	88	168	169
148	165	Binder	Joachim	3	01:39:29.20	Wiesbaden	L1	M	TM60	2	00:11:41	00:58:30	00:29:17	233	144	160
149	166	Schwarz	Dirk	241	01:39:39.30	Wiesbaden	L7	M	TM40	74	00:12:28	00:58:32	00:28:38	271	145	146
150	167	Schmidt	Olaf	96	01:39:56.60	Wiesbaden-Igstadt	L3	M	TM40	75	00:09:17	01:01:56	00:28:43	71	196	147
151	168	Nestler	Christian	164	01:39:57.50	Wiesbaden	L5	M	TM20	24	00:08:23	01:00:02	00:31:31	26	167	210
152	169	Bock	Thomas	286	01:40:04.50	TSG Limbach/BIKE-LOFT.de	L9	M	TM30	37	00:10:01	00:57:18	00:32:45	116	125	232
153	170	Schmitt	Bastian	239	01:40:13.50	Schierstein	L7	M	TM30	38	00:09:52	00:58:02	00:32:18	107	139	222
154	172	Lenz	Jörg	301	01:40:30.40	Schwalbach	L9	M	TM40	76	00:09:47	00:59:55	00:30:47	103	165	193
155	173	Jankowski	Udo	224	01:40:37.10	Wiesbaden	L7	M	TM40	77	00:09:09	01:01:53	00:29:34	65	195	166
156	175	Hannus	Martin	14	01:40:47.40	Wiesbadener Tennis- und H	L1	M	TM20	25	00:11:37	01:00:33	00:28:37	228	174	145
157	178	Heinz	Frank	81	01:41:19.50	TV Wallau	L3	M	TM40	78	00:10:47	01:00:51	00:29:40	166	178	168
158	181	Sandner	Roland	237	01:41:43.10	Wiesbaden	L7	M	TM30	39	00:11:56	00:55:32	00:34:14	246	103	251
159	182	Büttner	Sascha	74	01:41:46.00	Pfungstadt	L3	M	TM20	26	00:11:22	00:59:51	00:30:31	205	164	189
160	183	Piesoldt	Lutz	308	01:41:50.50	TV Babenhausen	L9	M	TM40	79	00:10:58	00:59:25	00:31:27	181	159	209
161	184	Kösling	Christian	16	01:41:52.00	Wiesbadener Tennis- und H	L1	M	TM30	40	00:11:30	01:01:56	00:28:25	222	197	141
162	186	Markowski	André	19	01:41:54.40	Helden e.V.	L1	M	TM20	27	00:10:39	01:02:09	00:29:06	157	199	157
163	187	Miniker	Stefan	303	01:42:08.00	Wiesbaden	L9	M	TM40	80	00:12:18	01:01:15	00:28:33	259	187	143
164	188	Tramberend	Dirk	173	01:42:17.10	VSF Altheim	L5	M	TM50	9	00:11:27	01:00:18	00:30:31	213	170	190
165	189	Würfel	Felix	317	01:42:19.10	Geisenheim	L9	M	TM30	41	00:10:05	01:01:05	00:31:08	120	182	201
166	190	Fritsche	Holger	327	01:42:29.20	Mainz	L10	M	TM30	42	00:10:32	01:03:59	00:27:57	148	219	130
167	192	Lansche	Christoph	160	01:42:36.60	Team Erdinger Alkoholfrei	L5	M	TM40	81	00:11:12	01:02:08	00:29:16	197	198	159
168	193	Markmann	Michael	230	01:42:43.40	Wiesbaden	L7	M	TM30	43	00:09:51	00:59:00	00:33:51	105	154	245
169	194	Krawczyk	Fabian	266	01:42:46.10	Die K Family	L8	M	TM16	5	00:11:24	01:00:33	00:30:48	208	175	194
170	196	Humbert	Christoph	157	01:43:00.10	Wiesbaden	L5	M	TM30	44	00:10:05	01:02:22	00:30:31	121	204	191
171	197	Bensch	Christian	284	01:43:04.10	Mainz	L9	M	TM40	82	00:09:41	01:00:36	00:32:46	97	176	233
172	198	Storkebaum	Richard	103	01:43:20.30	TG Rüdeshheim	L3	M	TM40	83	00:09:42	01:02:20	00:31:17	98	202	207
173	200	Krämer	Arne	159	01:43:24.50	los avocados	L5	M	TM30	45	00:09:39	00:57:40	00:36:04	95	132	270
174	201	Schilling	Thomas	64	01:43:45.00	SG Nied	L2	M	TM30	46	00:13:09	00:59:50	00:30:45	285	163	192
175	202	Müller	Matthias	57	01:44:00.20	Wiesbaden	L2	M	TM40	84	00:12:20	01:00:21	00:31:18	261	171	208
176	204	Walser	Dirk	68	01:44:04.50	SCW Wiesbaden	L2	M	TM40	85	00:10:36	01:03:22	00:30:06	153	212	179
177	205	Ziegler	Donald	248	01:44:10.10	Hattersheim	L7	M	TM40	86	00:12:07	00:57:50	00:34:12	252	136	249
178	206	Nixdorf	Andreas	338	01:44:16.30	Wiesbaden	L10	M	TM20	28	00:10:58	01:03:17	00:30:00	180	211	174
179	207	Würfel	Ulli	318	01:44:21.10	Taunusstein	L9	M	TM30	47	00:10:53	01:03:35	00:29:52	176	214	171

180	209	Werner	Lukas	315	01:44:37.30	Eschhofen	L9	M	TM20	29	00:10:51	00:54:53	00:38:52	173	92	289
181	210	Wallwitz	Rainer	141	01:44:47.40	TSV Engenhahn	L4	M	TM50	10	00:12:23	01:04:11	00:28:12	267	221	137
182	211	Drescher	Andreas	217	01:44:50.50	Rheingauer Schwimmclub	L7	M	TM40	87	00:09:23	01:05:20	00:30:07	83	228	180
183	212	Möller	Paul	85	01:44:50.50	TV Jahn Hermannstein	L3	M	TM60	3	00:11:25	01:01:33	00:31:51	209	192	215
184	213	Glogauer	Colin	221	01:44:56.10	Mainz	L7	M	TM40	88	00:10:30	01:04:30	00:29:55	146	223	173
185	215	Bartel	Michael	1	01:45:13.00	Helden e.V.	L1	M	TM20	30	00:12:08	01:01:50	00:31:14	253	194	206
186	216	Vogel	Patrick	244	01:45:18.30	Budenheim	L7	M	TM30	48	00:11:30	00:59:09	00:34:39	220	156	254
187	217	Bücher	Berndt	41	01:45:45.00	Taunusstein	L2	M	TM50	11	00:13:11	01:00:44	00:31:49	286	177	214
188	219	Reichow	Thomas	89	01:45:50.60	Taunusstein	L3	M	TM40	89	00:10:59	01:02:23	00:32:27	182	205	225
189	220	Möller	Christoph	231	01:46:30.00	Darmstadt	L7	M	TM30	49	00:08:59	01:12:56	00:24:34	54	277	41
190	221	Höhn	Steffen	49	01:46:31.00	Hohenstein	L2	M	TM20	31	00:13:46	00:59:58	00:32:46	289	166	234
191	222	Lehrian	Wolfgang	335	01:46:32.10	LG Mischgewebe Zwingenber	L10	M	TM50	12	00:12:20	01:02:19	00:31:52	262	201	216
192	223	Oebbek	Thomas	307	01:46:34.30	Wiesbaden	L9	M	TM30	50	00:12:22	01:02:10	00:32:01	264	200	218
193	224	Dahl	Steffen	6	01:46:35.40	Helden e.V.	L1	M	TM20	32	00:11:39	01:02:20	00:32:35	231	203	230
194	225	Wald	Andreas	314	01:46:53.40	Ingelheim	L9	M	TM40	90	00:11:05	01:00:55	00:34:53	190	180	259
195	226	Merz	Harald	498	01:46:56.20	DZ BANK Runners	L3	M	TM30	51	00:09:35	01:04:54	00:32:26	91	225	223
196	227	Damm	Jörg	287	01:47:25.50	Ev. Kirche Naurod	L9	M	TM40	91	00:12:15	01:04:45	00:30:24	258	224	187
197	228	Zimara	Joachim	178	01:47:31.40	Frankfurt/Main	L5	M	TM40	92	00:10:37	01:01:04	00:35:50	154	181	268
198	229	Straub	Alf	138	01:47:41.00	Auf Lauf 2000!	L4	M	TM30	52	00:12:33	01:03:54	00:31:13	274	218	204
199	230	Geisel	Thomas	79	01:48:06.10	Hofheim-Langenhain	L3	M	TM40	93	00:11:53	01:04:09	00:32:02	239	220	220
200	232	Fünfrock	Philipp	13	01:48:17.40	Wiesbadener Tennis- und H	L1	M	TM30	53	00:11:32	01:02:43	00:34:01	224	209	246
201	233	Eckert	Markus	111	01:48:21.50	Montagslaufgruppe	L4	M	TM40	94	00:12:30	01:02:32	00:33:19	272	207	239
202	238	Koch	Johannes	298	01:48:55.30	Mainz	L9	M	TM50	13	00:09:40	01:03:34	00:35:40	96	213	266
203	239	Becker	Mario	2	01:49:00.50	Helden e.V.	L1	M	TM20	33	00:11:13	01:01:09	00:36:37	198	184	276
204	240	Pavel	Seki	166	01:49:18.50	los avocados	L5	M	TM30	54	00:11:29	01:03:45	00:34:03	217	217	247
205	242	Hullmann	Klaus	50	01:49:31.00	Dresdner Bank	L2	M	TM60	4	00:11:49	01:07:39	00:30:02	236	247	176
206	243	Grabowski	Markus	292	01:49:32.20	Turnerbund Wiesbaden	L9	M	TM50	14	00:10:50	01:06:14	00:32:27	171	237	226
207	244	Lerch	Christoph	227	01:49:41.50	B-Mobile	L7	M	TM30	55	00:11:49	01:06:12	00:31:40	237	235	213
208	245	Sommerfeld	Martin	277	01:50:28.50	Die S Family	L8	M	TM30	56	00:10:46	01:05:32	00:34:09	165	230	248
209	246	Eder	Matthias	289	01:51:24.00	Wiesbaden	L9	M	TM30	57	00:10:42	01:07:19	00:33:22	160	244	240
210	247	Schmittel	Markus	66	01:51:39.00	Spiridon Frankfurt	L2	M	TM50	15	00:12:59	01:07:36	00:31:03	282	246	197
211	248	Schäfer	Türmi	93	01:51:42.60	Taunusstein	L3	M	TM40	95	00:11:56	01:06:14	00:33:32	245	236	241
212	249	Kudnick	Hartmut	17	01:51:52.10	Wiesbaden	L1	M	TM40	96	00:11:00	01:07:16	00:33:34	183	243	242
213	250	Schneider	Dominik	170	01:51:52.20	Hohenstein	L5	M	TM20	34	00:12:18	01:05:00	00:34:33	260	227	253
214	251	Costa	Rodrigo	146	01:51:54.30	Mainz-Kastel	L5	M	TM30	58	00:08:16	01:06:32	00:37:05	22	241	278
215	252	Höhne	Markus	156	01:52:17.10	1. WBC	L5	M	TM20	35	00:08:52	01:08:15	00:35:10	43	252	261
216	253	Baumgart	Bernd	72	01:52:50.00	Hofheim-Langenhain	L3	M	TM40	97	00:11:11	01:06:31	00:35:07	196	240	260
217	254	Schneider	Ralf	97	01:52:53.40	TG Rudesheim	L3	M	TM40	98	00:08:54	01:07:41	00:36:18	45	248	272
218	255	Wegert	Daniel	280	01:53:07.30	SSV Bingen	L8	M	TM20	36	00:10:50	01:09:10	00:33:06	170	257	236
219	256	Geropp	Jens	117	01:53:09.00	Weizenliga	L4	M	TM40	99	00:10:00	01:07:48	00:35:21	114	249	263
220	258	Reising	Florian	340	01:53:24.10	Würzburg	L10	M	TM20	37	00:12:10	01:06:20	00:34:52	255	238	258
221	259	Linke	Michael	228	01:53:24.20	TV Goldbach	L7	M	TM30	59	00:09:14	01:07:55	00:36:14	67	250	271
222	262	Eckert	Andreas	288	01:53:56.50	Mainz	L9	M	TM40	100	00:12:23	01:09:06	00:32:26	266	256	224
223	265	Kanzler	Thorsten	193	01:54:45.00	Wiesbaden	L6	M	TM40	101	00:10:24	01:12:44	00:31:36	141	276	212
224	269	Sommerfeld	Dieter	276	01:56:31.10	Die S Family	L8	M	TM60	5	00:11:30	01:10:18	00:34:41	218	263	255
225	271	Schneider	Jürgen	171	01:56:37.20	SV Steckenroth	L5	M	TM50	16	??:??:??	??:??:??	00:37:16	----	----	280
226	272	Reeg	Rainer	130	01:56:37.40	Weizenliga	L4	M	TM50	17	00:11:59	01:10:10	00:34:27	248	261	252
227	273	Gehrmann	Markus	220	01:56:46.40	Kriftel	L7	M	TM30	60	00:11:40	01:09:52	00:35:13	232	260	262
228	274	Hoffeller	Tim	155	01:57:25.00	LC Olympia Wiesbaden	L5	M	TM30	61	00:12:37	01:13:39	00:31:08	276	278	200
229	275	Gussen	Thomas	222	01:57:59.30	Wiesbaden	L7	M	TM30	62	00:11:25	01:10:33	00:36:00	211	265	269

230	277	Fichter	Dieter	258	01:58:51.10	RC Hattersheim	L8	M	TM50	18	00:10:49	01:10:18	00:37:43	169	262	284
231	278	Assadourian	el negro	251	01:58:53.20	Frankfurt/Main	L8	M	TM30	63	00:12:43	01:10:39	00:35:30	278	266	264
232	279	Schauwecker	Constans	271	01:58:54.40	Cordoba- Argentinien	L8	M	TM30	64	00:12:41	01:11:25	00:34:47	277	270	256
233	280	Godawa	Thorolf	80	01:59:25.40	Wiesbaden	L3	M	TM40	102	00:12:24	01:08:09	00:38:52	268	251	290
234	283	Lang	Sebastian	18	01:59:58.40	Helden e.V.	L1	M	TM20	38	00:10:00	01:16:23	00:33:35	115	284	243
235	284	Luckas	Thomas	124	02:00:01.00	TSV Engenhahn	L4	M	TM40	103	00:12:50	01:06:57	00:40:13	280	242	294
236	286	Scheel	Jürgen	136	02:00:45.10	Weizenliga	L4	M	TM40	104	00:12:28	01:09:13	00:39:03	270	258	293
237	287	Weinreich	Stefan	282	02:02:43.50	Maximalpulsvermeider	L8	M	TM40	105	00:10:55	01:13:51	00:37:57	179	279	285
238	289	Voelkel	Patrick	139	02:05:10.50	EOSC Offenbach	L4	M	TM40	106	00:09:22	01:11:59	00:43:49	81	273	299
239	290	Wegert	Sebastian	281	02:05:27.10	Schwabenheim	L8	M	TM20	39	00:10:53	01:12:24	00:42:08	174	274	296
240	292	Hankeln	Tom	223	02:06:18.20	B-Mobile	L7	M	TM50	19	00:14:30	01:14:09	00:37:38	293	280	283
241	293	Buch	Stefan	144	02:06:18.50	Kelkheim	L5	M	TM20	40	00:12:20	01:15:36	00:38:21	263	282	288
242	295	Strohkendl	Andreas	210	02:09:42.60	EXTASE-TEAM	L6	M	TM30	65	00:11:02	01:19:44	00:38:55	186	287	292
243	298	Schmidt	Jörg	95	02:17:04.40	Wiesbaden	L3	M	TM40	107	00:12:06	01:24:35	00:40:22	251	292	295
244	300	Reng	Alwin	90	02:19:21.20	MTV Kronberg	L3	M	TM70	1	00:14:40	01:21:04	00:43:36	294	288	297
245	301	Herber	Klaus	120	02:21:15.50	TSV Engenhahn	L4	M	TM50	20	00:14:05	01:29:39	00:37:30	292	293	281